

Donning and Doffing Personal Protective Equipment (PPE): Reusable Gowns

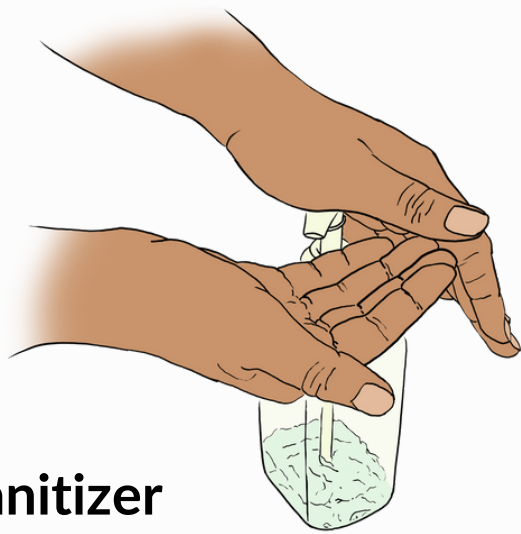
PPE guidelines are rapidly changing. Adhere to your institution's specific guidelines.



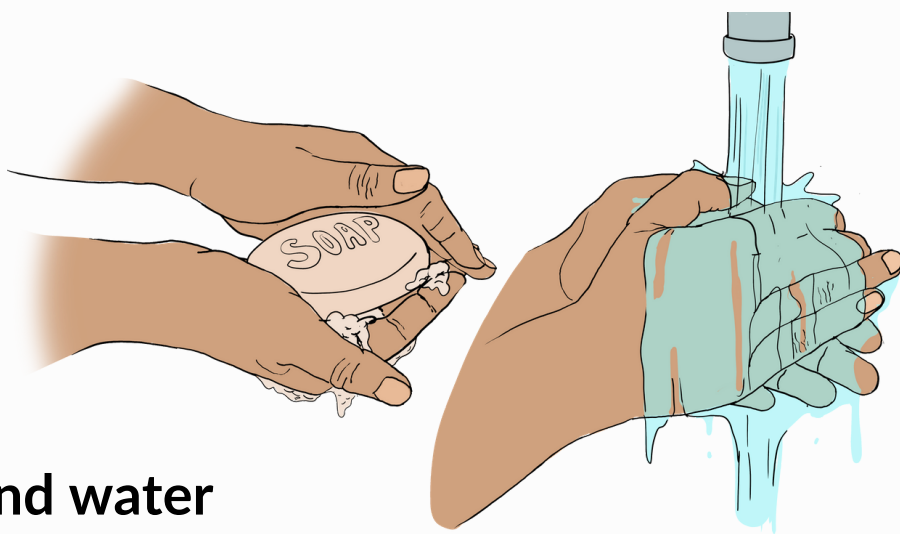
Don PPE outside of patient's room. Ensure hair is pulled back away from face.

1. Perform Hand Hygiene

Alcohol-based hand sanitizer



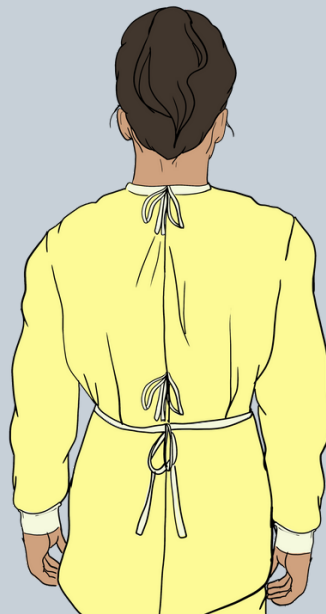
or soap and water



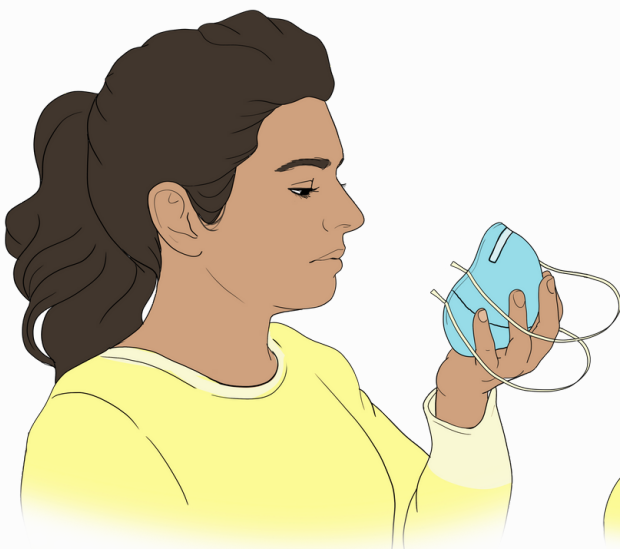
2. Put on Gown



Ensure gown fully covers entire body when closed or tied



3. Put on Respirator



Hold respirator in one hand and bring to face



Pull lower elastic band over head and below ears



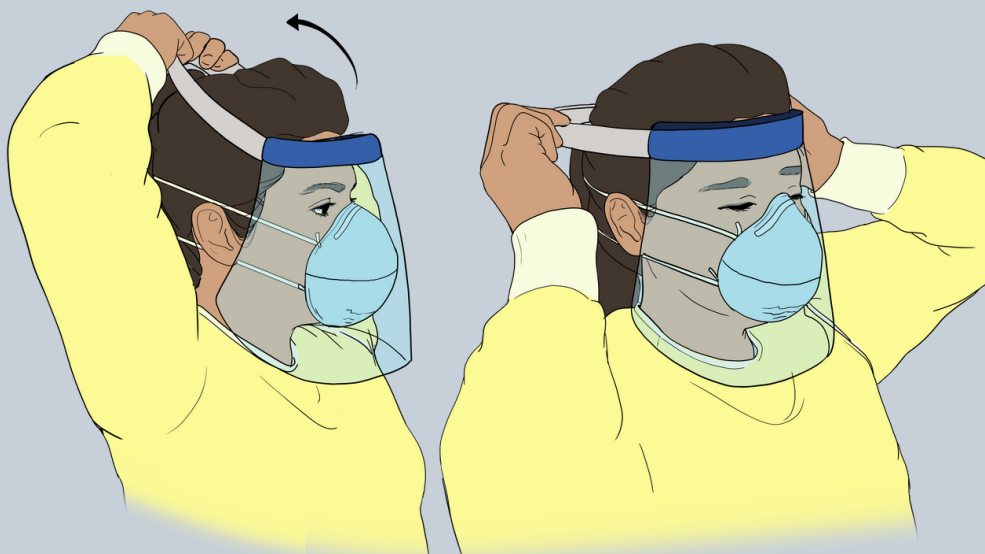
Pull upper elastic band over head and above ears



Pinch nose clip to ensure tight seal of mask

4. Put on Eye Protection

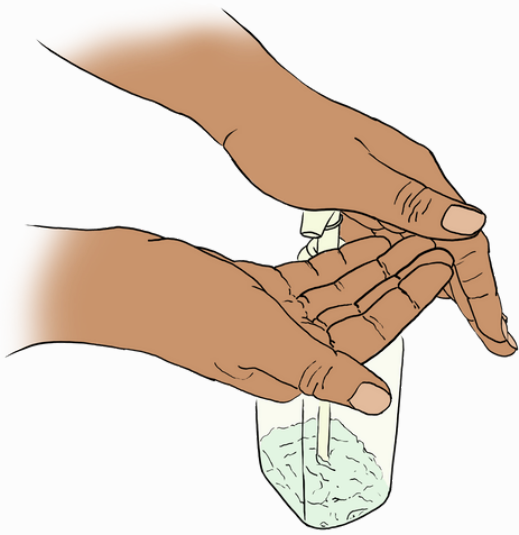
Face shield



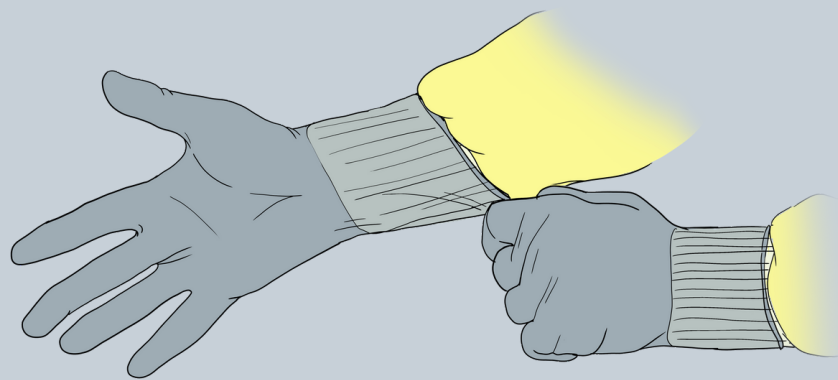
or goggles



5. Perform Hand Hygiene



6. Put on Gloves



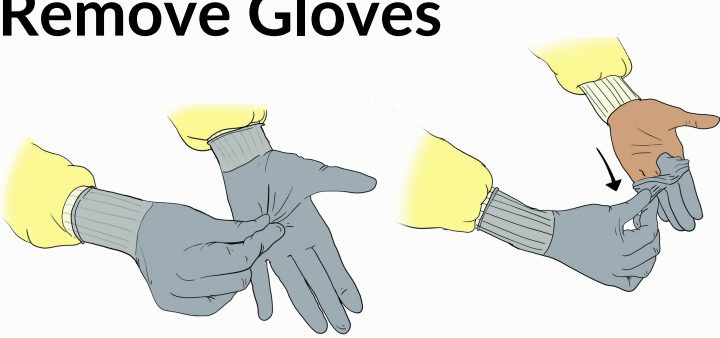
Ensure gloves go over cuff of gown

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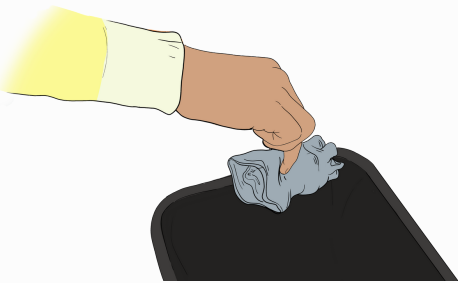
Doff PPE, except for respirator, in patient's room. Remember gloves, face shield, front of gown and sleeves are *CONTAMINATED*. Wash hands immediately if you touch any of these surfaces with your bare hands.

In patient's room

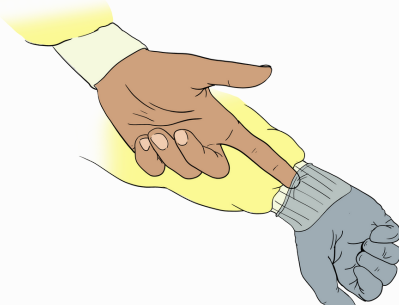
1. Remove Gloves



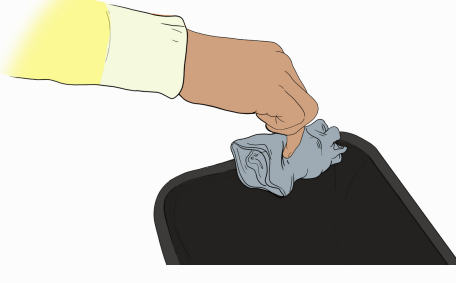
Grasp glove in palm of hand and pull glove off



Discard glove in waste container or hold in other hand

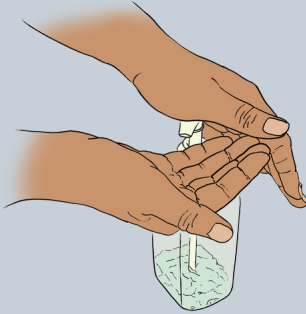


Slowly and gently, slide finger under other glove, between glove and cuff of gown. Avoid touching contaminated side of glove.




Discard glove(s) in waste container


2. Perform Hand Hygiene




3. Remove Gown - Avoid touching outside, contaminated surface of gown





Wrap-around gown

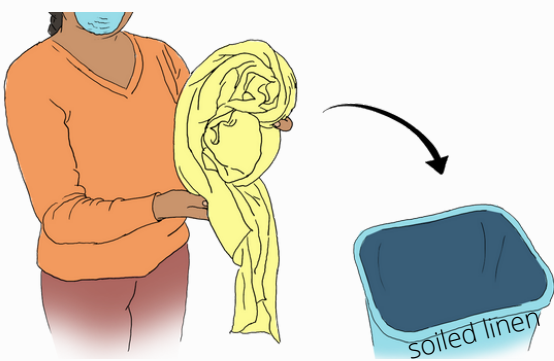


Tie-in-back gown: Untie gown and pull down from head and away from body.



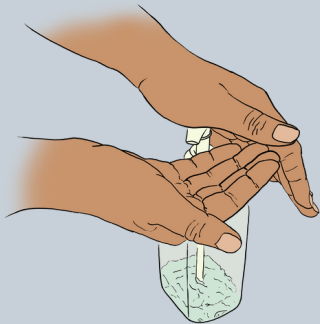




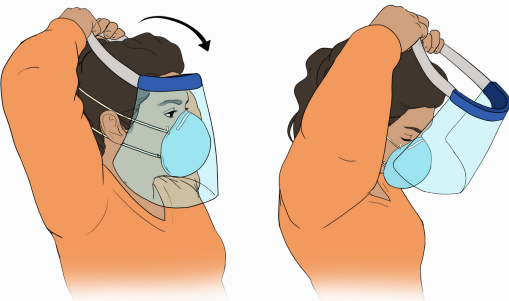


Wrap gown into ball with contaminated surface inside. Place gown in appropriate receptacle


4. Perform Hand Hygiene



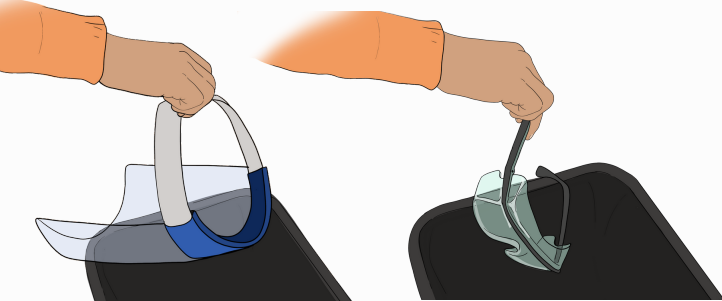
5. Remove Eye Protection - Avoid touching front, contaminated surface of eye protection



Tilt head forward, grasp strap and gently pull strap over head, pulling face shield away from face

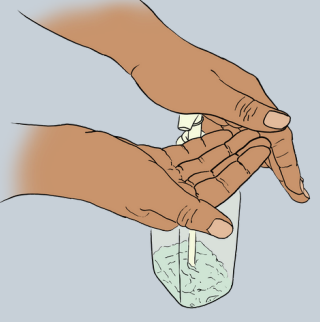


Grasp ear pieces behind ears and pull goggles away from face



Place eye protection in waste or recycling receptacle


6. Perform Hand Hygiene



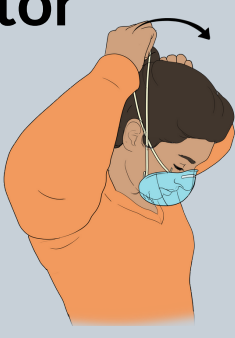
With respirator in place, leave patient's room and enter anteroom or hallway.

Outside patient's room

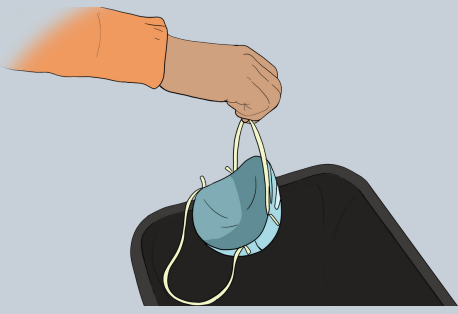
7. Remove Respirator



Gently pull lower elastic band over head

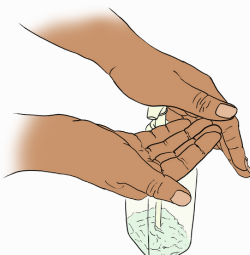


Gently pull upper elastic band over head and pull mask away from face



Place respirator in waste or recycling receptacle

8. Perform Hand Hygiene



Reference: Center for Disease Control and Prevention. Sequence for Donning and Removing Personal Protective Equipment. Available at: <https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>. Accessed on March 18, 2020.

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