In providing this letter of support, the Latvian Association of Anaesthesiologists and reanimatologists recognizes the serious public health problem represented by iron deficiency, anemia, bleeding, and coagulation disorders imposing a great burden on national public health systems and the profound impact these conditions represent on well-being and adverse outcomes of hospitalized patients. For this reason, we consider the urgent need to lead the implementation of the Patient Blood Management principles in the perioperative period, through its three fundamental pillars:

1. Detection and management of anemia and iron deficiency;
2. Minimization of blood loss and optimization of coagulation; and
3. Improvement and optimization of physiological tolerance to anemia.

We are committed to leading and coordinating efforts together with other scientific societies and our local governments to guarantee these fundamental principles, and for the standardization of a sustainable, systematic, multidisciplinary and multiprofessional policy aimed to preserve the patient’s own blood as a universal frame of reference in which we will work together.

President of Latvian Association of Anaesthesiologists and reanimatologists

14.11.23