

Donning and Doffing Personal Protective Equipment (PPE): Disposable Gowns

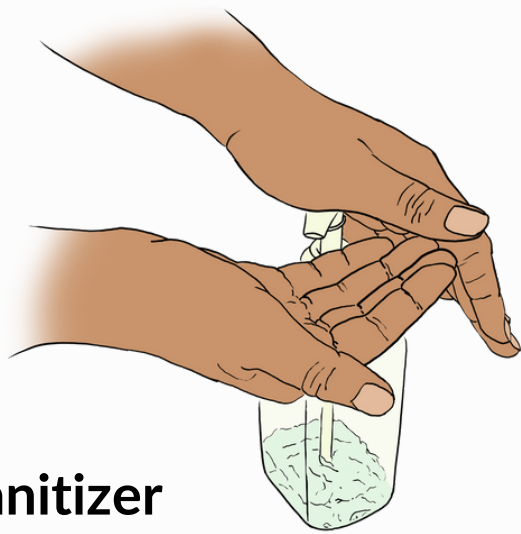
PPE guidelines are rapidly changing. Adhere to your institution's specific guidelines.



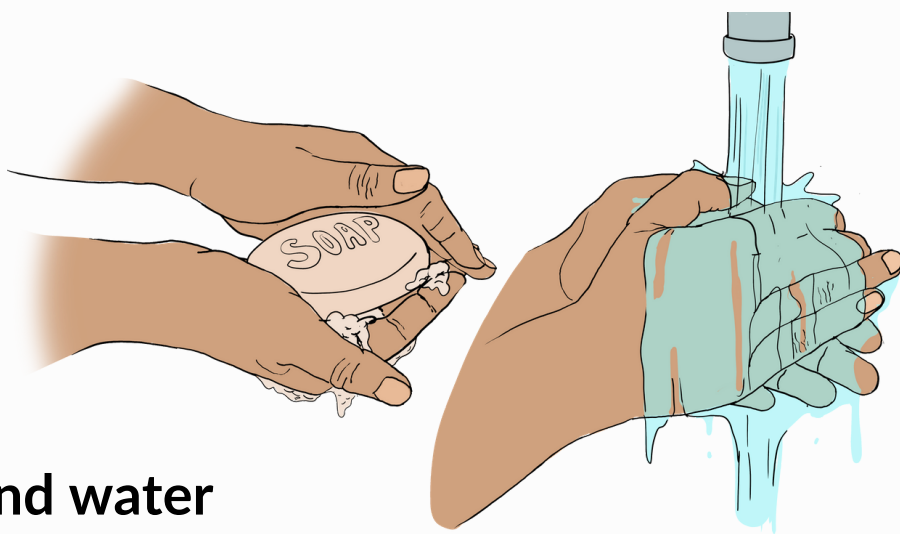
Don PPE outside of patient's room. Ensure hair is pulled back away from face.

1. Perform Hand Hygiene

Alcohol-based hand sanitizer



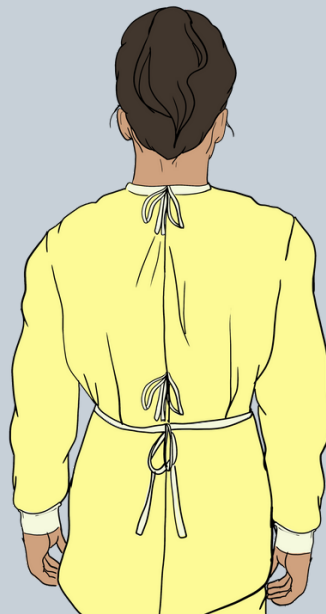
or soap and water



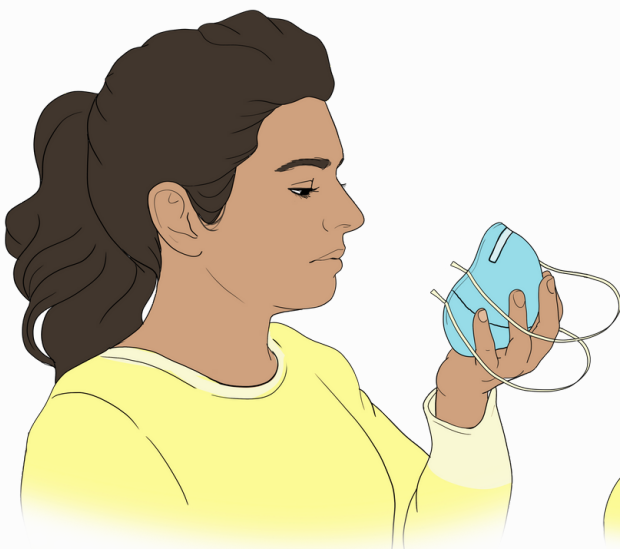
2. Put on Gown



Ensure gown fully covers entire body when closed or tied



3. Put on Respirator



Hold respirator in one hand and bring to face



Pull lower elastic band over head and below ears



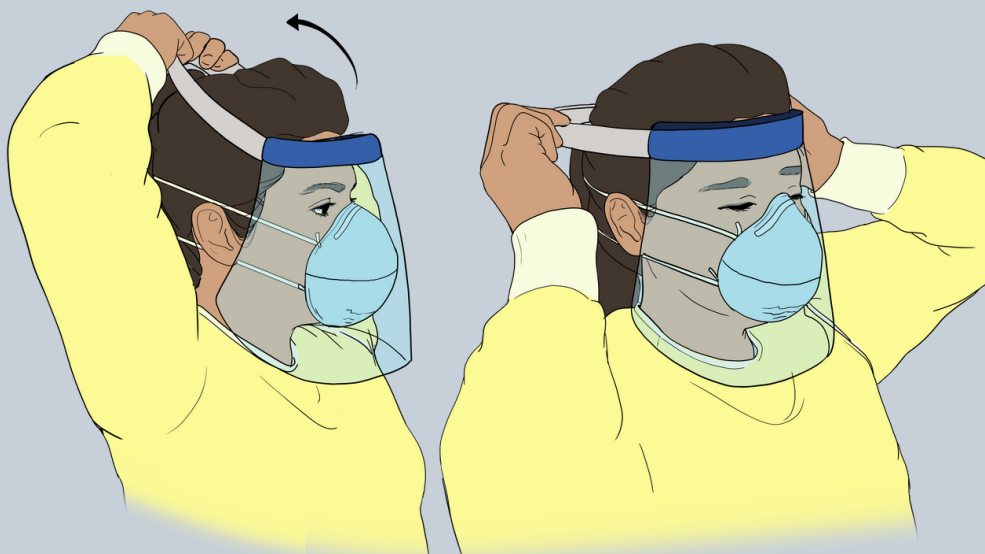
Pull upper elastic band over head and above ears



Pinch nose clip to ensure tight seal of mask

4. Put on Eye Protection

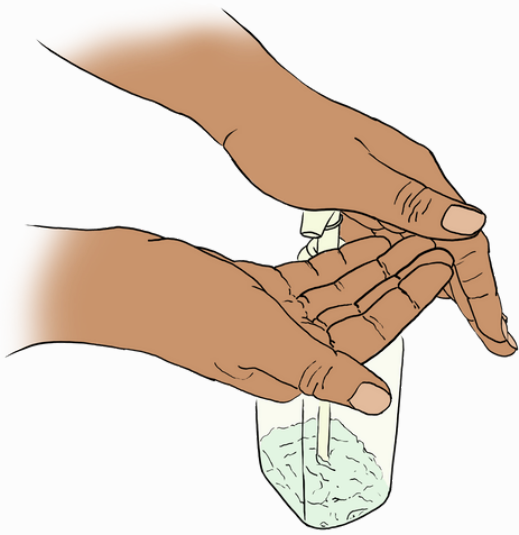
Face shield



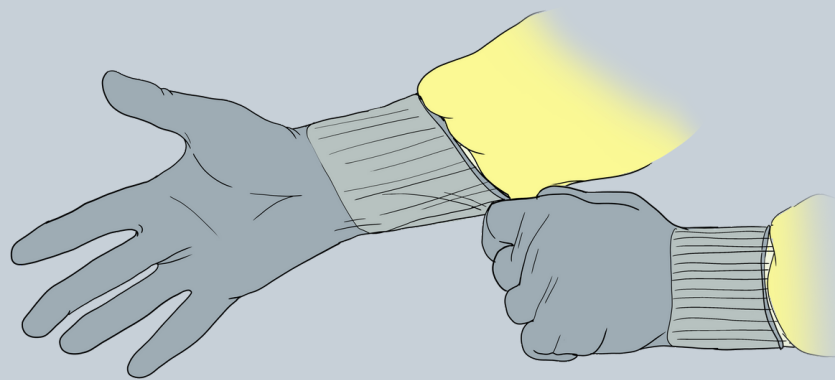
or goggles



5. Perform Hand Hygiene



6. Put on Gloves



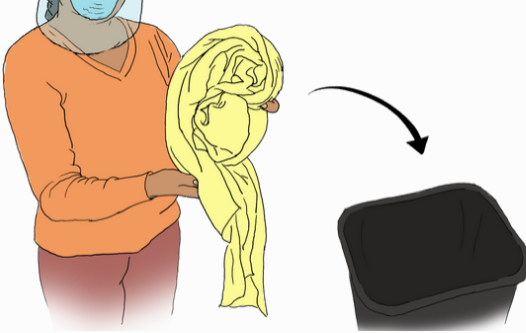
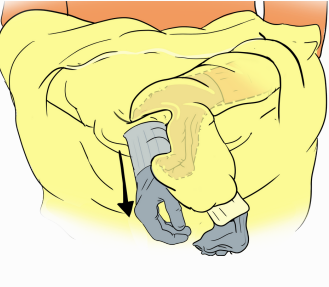
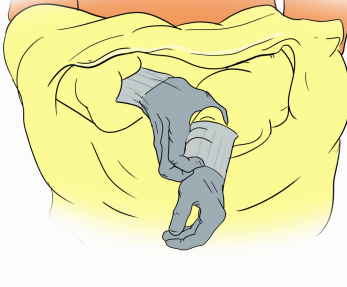



Ensure gloves go over cuff of gown

Donning and Doffing Personal Protective Equipment (PPE): Disposable Gowns

Doff PPE, except for respirator, in patient's room. Remember gloves, face shield, front of gown and sleeves are **CONTAMINATED**. Wash hands immediately if you touch any of these surfaces with your bare hands.

In patient's room

1. Remove Gown and Gloves together - Avoid touching outside, contaminated surface of gown



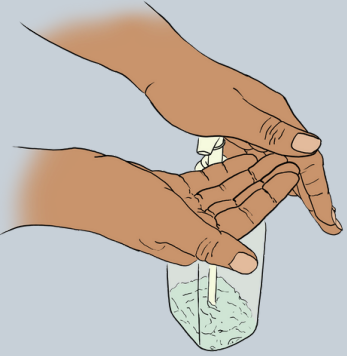
Grasp front of gown and slowly pull away, breaking ties in back

Pull gown away from body, and wrap gown into a bundle with contaminated surface inside

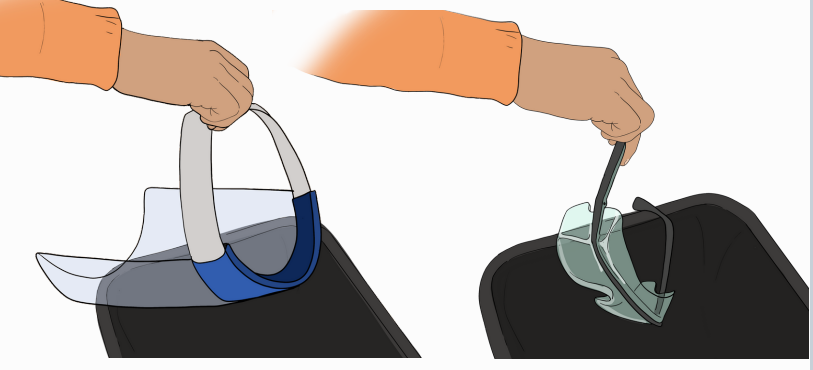



As you remove arms from gown, peel out of gloves at the same time

Discard gown in appropriate receptacle

2. Perform Hand Hygiene



3. Remove Eye Protection - Avoid touching front, contaminated surface of eye protection

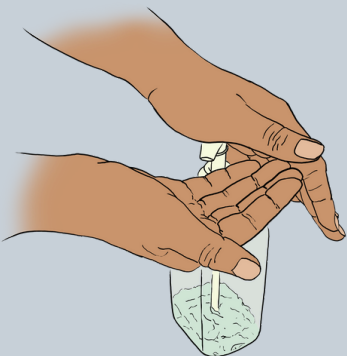


Tilt head forward, grasp strap and gently pull strap over head, pulling face shield away from face

Grasp ear pieces behind ears and pull goggles away from face

Place eye protection in waste or recycling receptacle

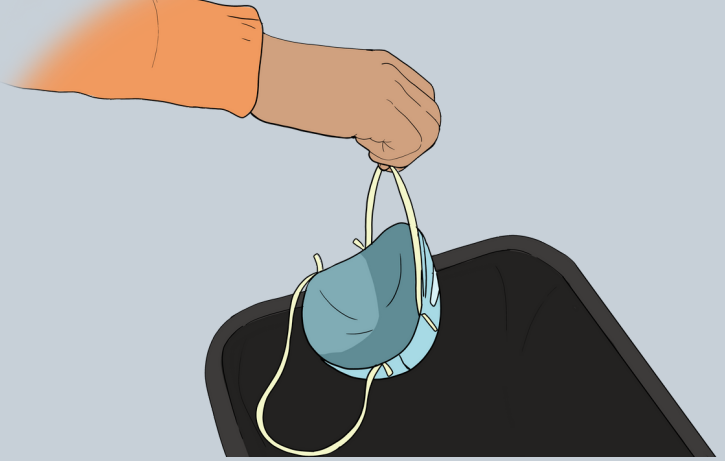




4. Perform Hand Hygiene



With respirator in place, leave patient's room and enter anteroom or hallway.

Outside patient's room

5. Remove Respirator

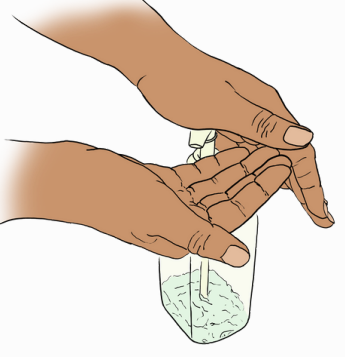


Gently pull lower elastic band over head

Gently pull upper elastic band over head and pull mask away from face

Place respirator in waste or recycling receptacle

6. Perform Hand Hygiene



Reference: Center for Disease Control and Prevention. Sequence for Donning and Removing Personal Protective Equipment. Available at: <https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>. Accessed on March 18, 2020.

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